

Training materials

We have a range of training materials which we have used in courses for self advocates and staff on 'Citizenship' and 'Taking Action and Making a Difference in your Local Community'. Some of the interactive exercises are contained in our Training Pack which can be obtained from Miriam Leighton on 0131 478 8196.

Other material could be shared on request, or we could develop a course specifically for your group or organisation.

The Training Pack contains plans and materials for sessions on:

- Discussing Social issues



- How meetings work?



- How am I in meetings?



- Exploring Citizenship



- Thinking about Democracy



- Exploring Community Planning and Taking Action



as well as information about setting up and running training courses.



For more information, please contact Sylvia Crick or Miriam Leighton on 0131 447 9027, or via email: sylvia.crick@arkha.org.uk; miriam.leighton@arkha.org.uk.