



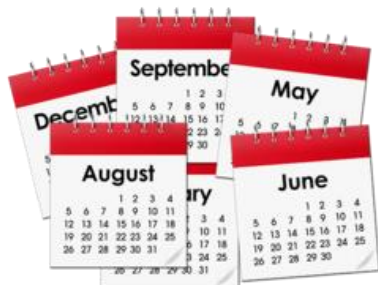
Planning my review



What is a Good Life Support review?



In Ark, the plan about what you want to do with your support is called your **Good Life Support Plan / R & V (Risk & Vulnerability)**



We have to check this every 6 months. It is called the **Good Life Support review**.



The review is a meeting about your support to check it is still right. It is only about the support you get from Ark.

Who will come to the review?



You can choose who to invite. It will be people who are part of your care and support. This is because it is about your care and support.



Your staff will help you invite the people.



If you have someone who makes choices for you, like a welfare guardian, they must be invited to your review.

Who will come to the review?



If you have a social worker, they need to come to at least 1 review a year.



These are the people that could be at the meeting:

- The Ark manager
- Some of your staff
- Your social worker
- Your nurse
- Your family and friends
- People who help you make choices, like an **advocate**

What day and time?



It is up to you. It needs to be a day and time that works for you.



Your staff will help you organise the day and time. They can check when people are available to come to a meeting.

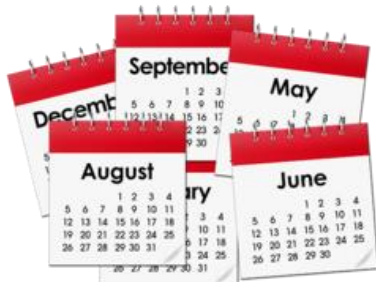


The invites need to be sent to people at least 1 month before the meeting to give people enough time to get organised.

Where do we have the review?



It is up to you. You can use the Ark office if you like. Your staff will help you book a room.



It needs to be booked 1 month before the review.



We need to have to review somewhere everyone can get to.

What if someone cannot come?



The review needs to happen even if someone cannot come to the review. There has to be a review every 6 months.



If someone can not come, your staff will send them a copy of your **meeting minutes** afterwards.

This means all the notes from the meeting that were entered on AIMS.

What do I need to get ready?



Your staff will help you get ready for the review. They will show you the form on AIMS that gets filled in at the review.



You need to think about how your support is going. Is it all still right for what you want? Have you done all the things you said you wanted to do?



If you have any photos, pictures or other things that you want to show at the review, you should get these ready.

What happens after the meeting?



The staff member who took notes at your meeting will ask the Ark manager to check and sign off your review.



The manager will send out a copy to everyone who was invited.



Your staff will make any changes to your Good Life Support Plan / R & V (Risk & Vulnerability) on AIMS.